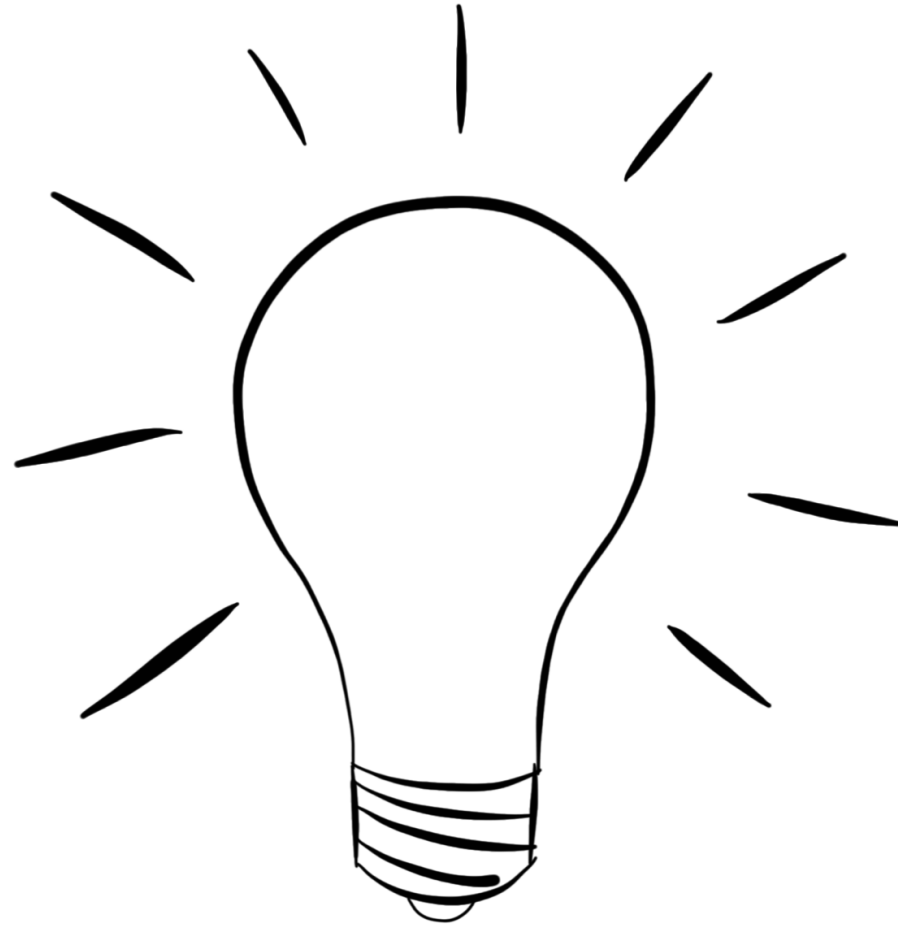


More Than That!



•Unjust Yourself!

- Labels
- Anxiety

•Rediscover Yourself!

- As-Is
- To-Be

HELLO!

I'm ...

HELLO!

I'm ...

Name
Job Title
Company

HELLO!

You're...

HELLO!

I'm ...

Columbus

HELLO!

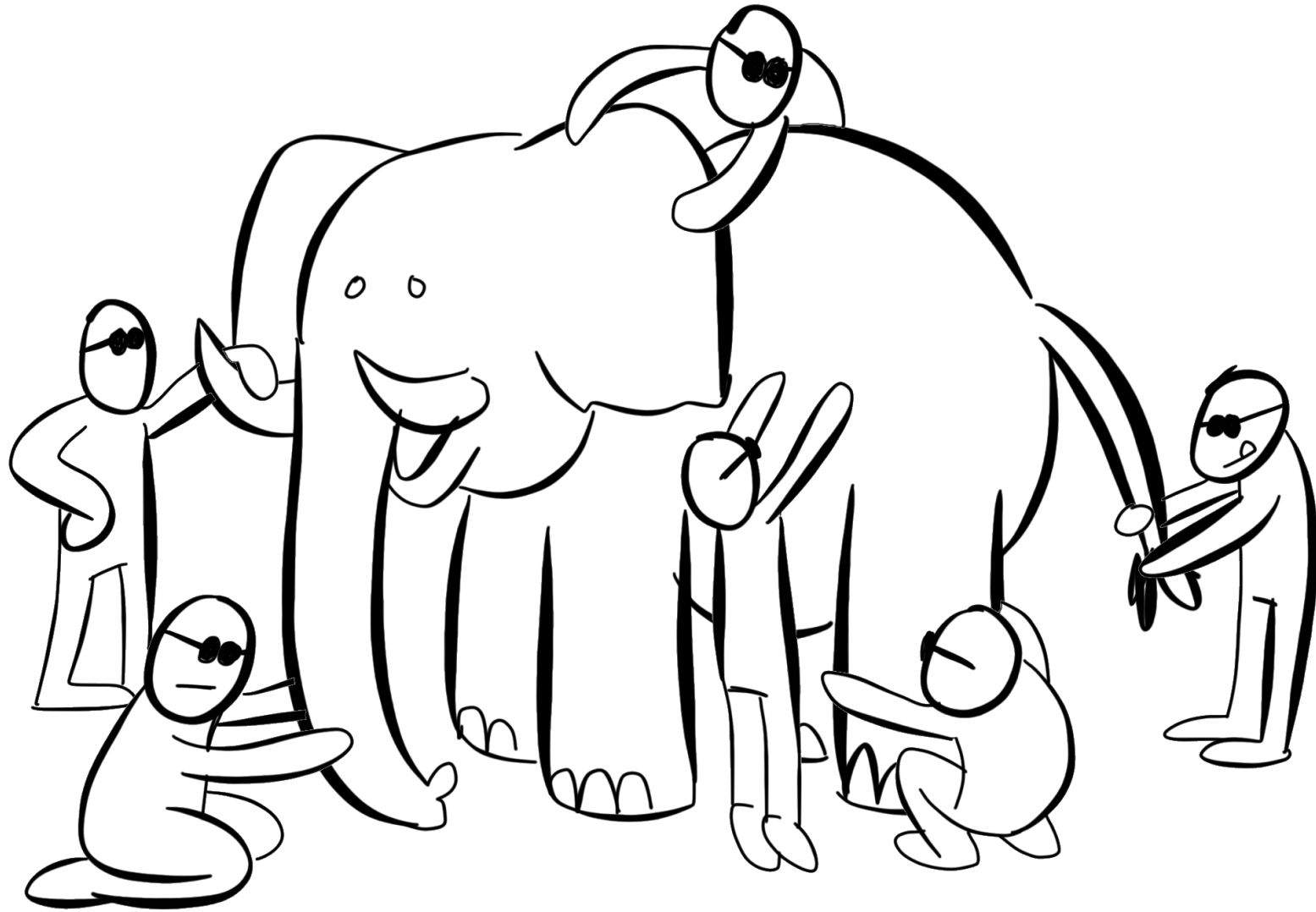
I'm ...

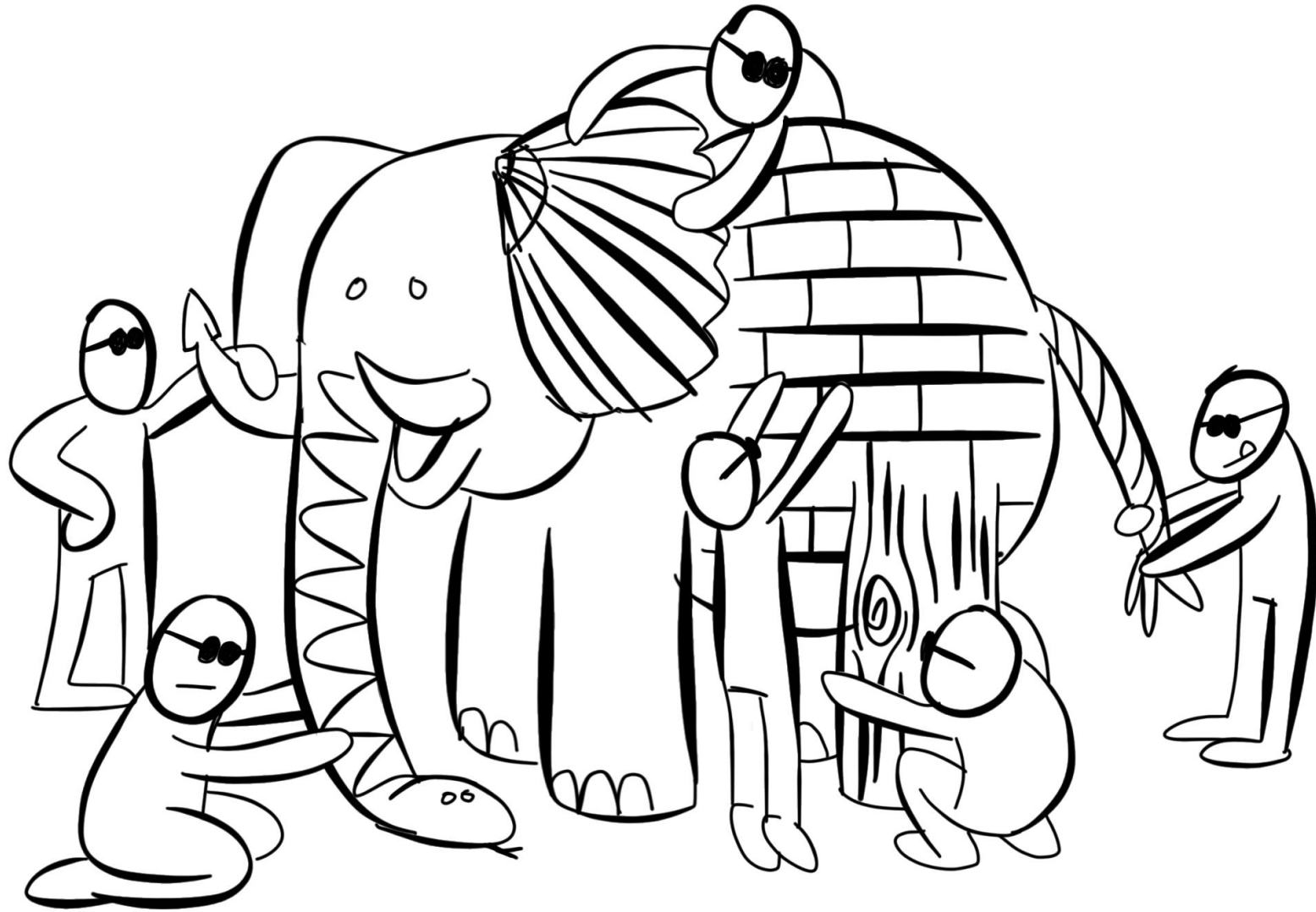
This
Event

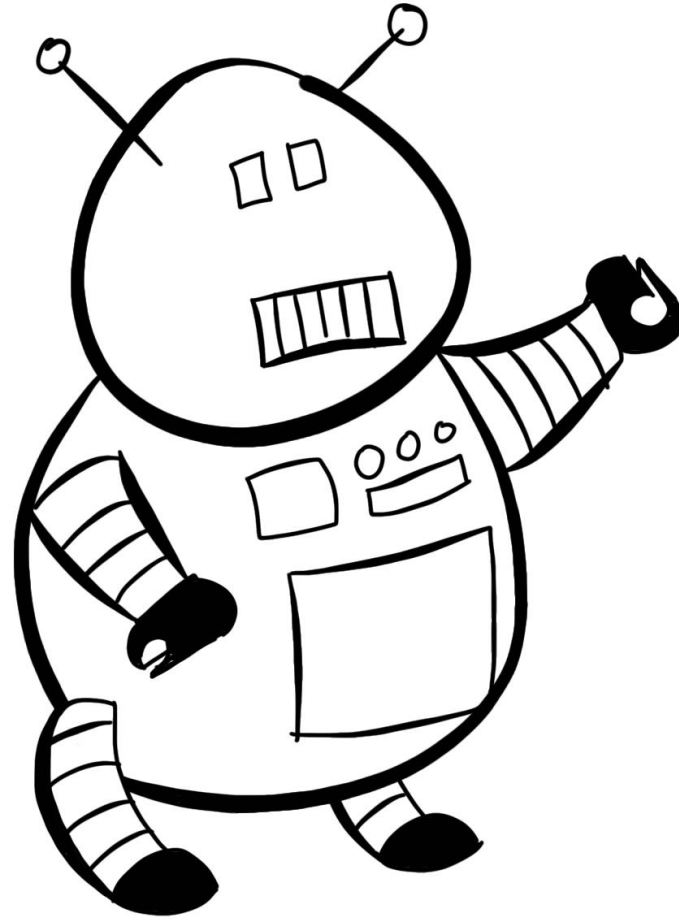
HELLO!

I'm ...

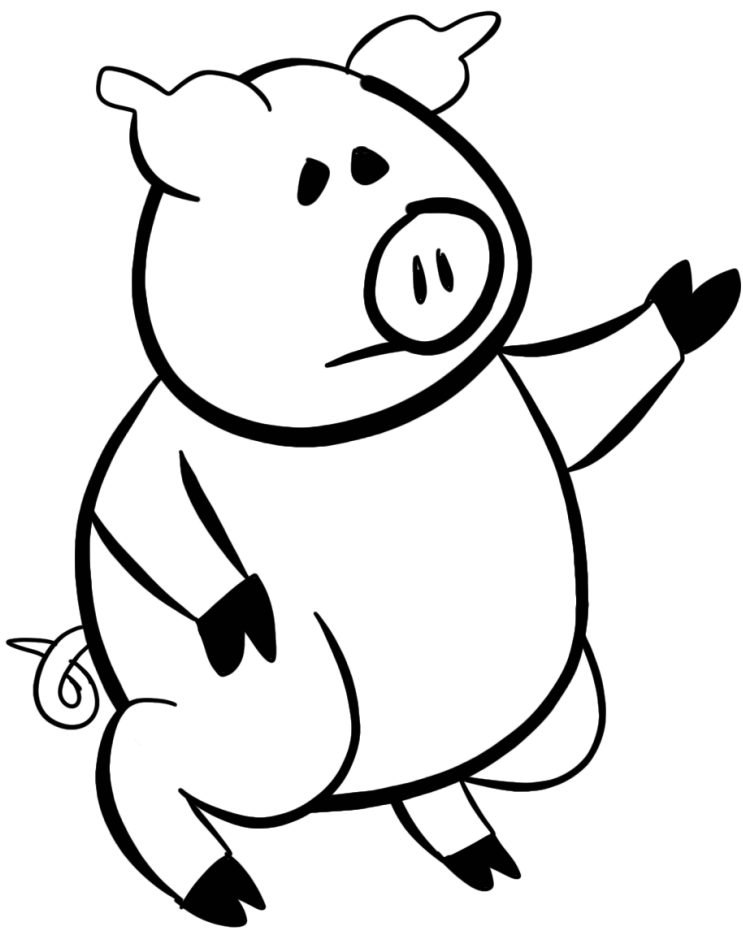
Damian Synadinos
Speaker
Ineffable Solutions













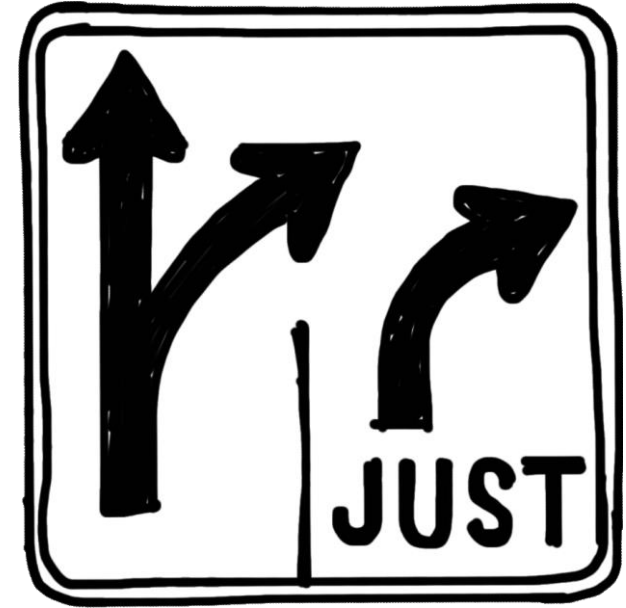


"Once you **label me**,
you **negate me**."

Just

Just

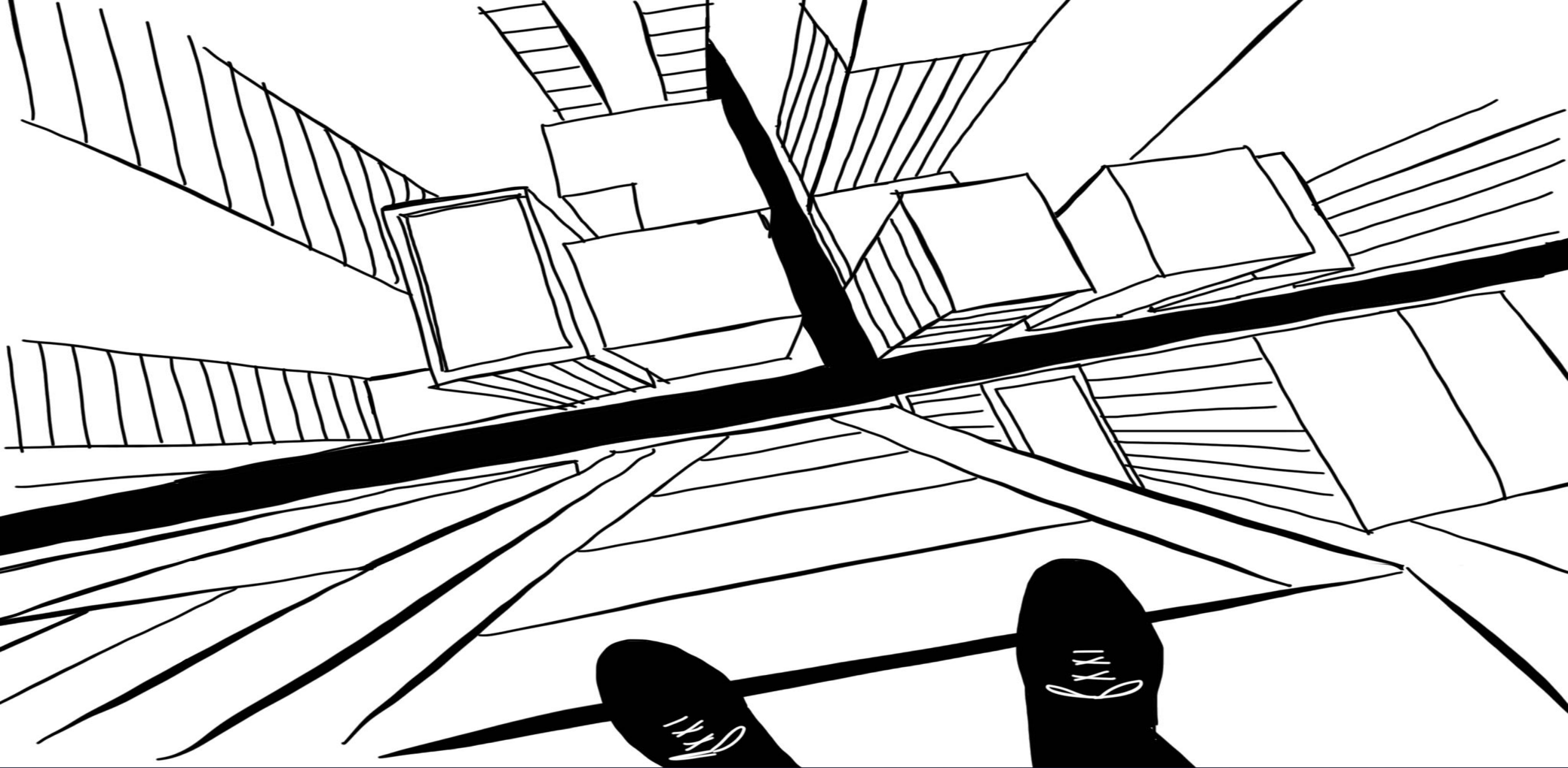
- Adjective
 - Morally right, good, fair
- Adverb
 - Nearby
 - Recently
 - Precisely; exactly
 - Quite; very; really (as emphasis)
 - Possibly; Perhaps (to express possibility)
 - **Only; Simply; merely**



Anxiety

Anxiety

- **Worry about something** with an **uncertain** outcome
- **Desire for something** to happen or to do something





"Anxiety becomes a
serving spirit that
against its will
*leads you where you
wish to go.*"



"The times I've
avoided publishing, it
has been because of
fear of rejection or
fear of judgement."

by Anna Vital

quarter-life crisis mid-life crisis



So what?

Unjust Yourself!

- Consider labels!
- Use anxiety!
- It's never too late, but don't wait!

More Than That!

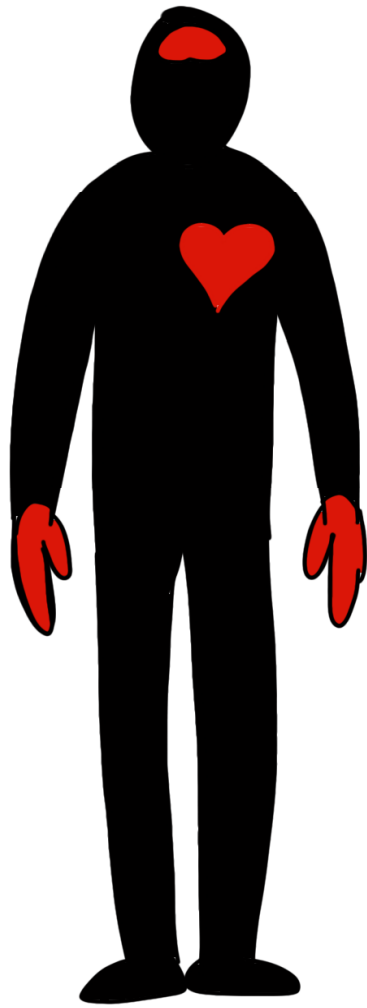
So, now what?

•Unjust Yourself!

- Labels
- Anxiety

•Rediscover Yourself!

- As-Is
- To-Be



Knowledge - Things you know

Attributes - Things you are

Skills - Things you do

Business Analyst

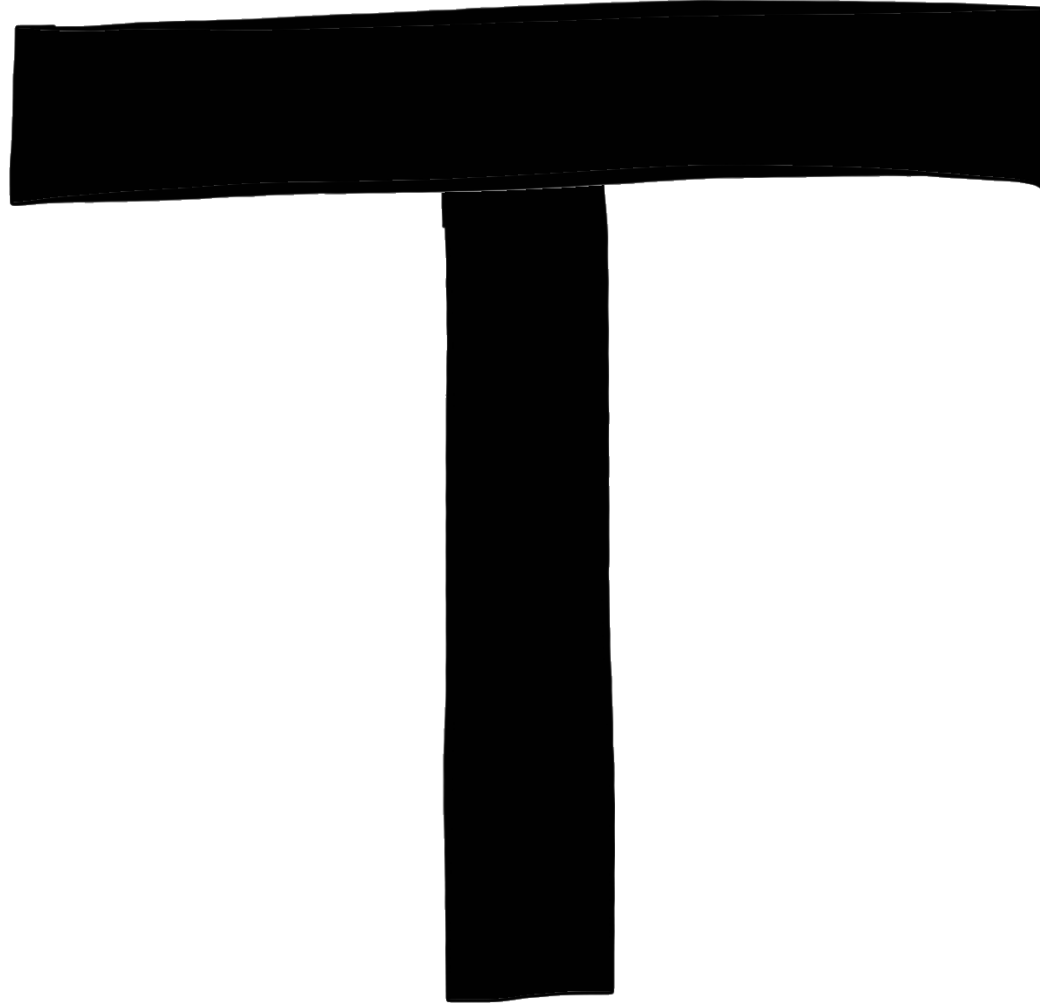
- Communication
- Documentation
- Honesty
- Problem Solving
- Negotiation
- Cooperation
- Self-reliance
- Time management
- Visual modeling
- Empathy
- Tact
- Analysis

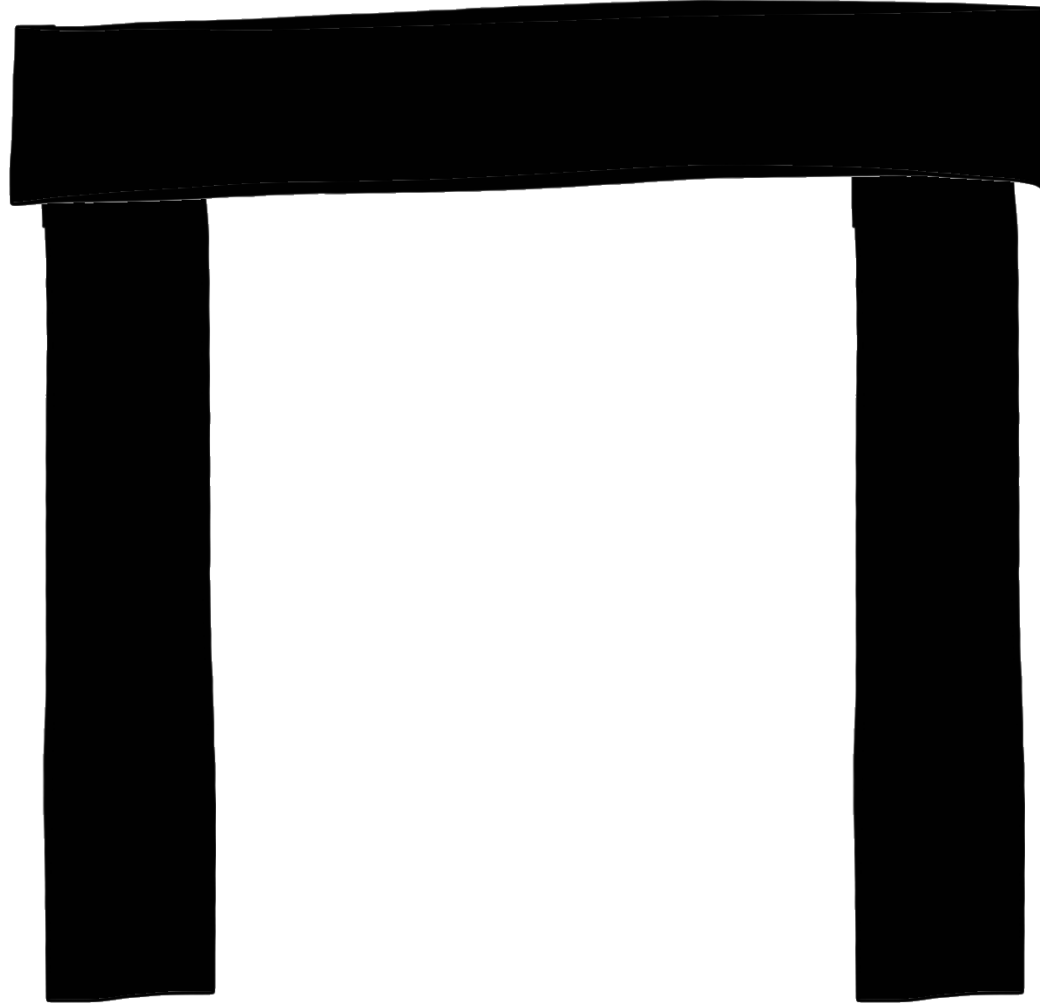
Architect

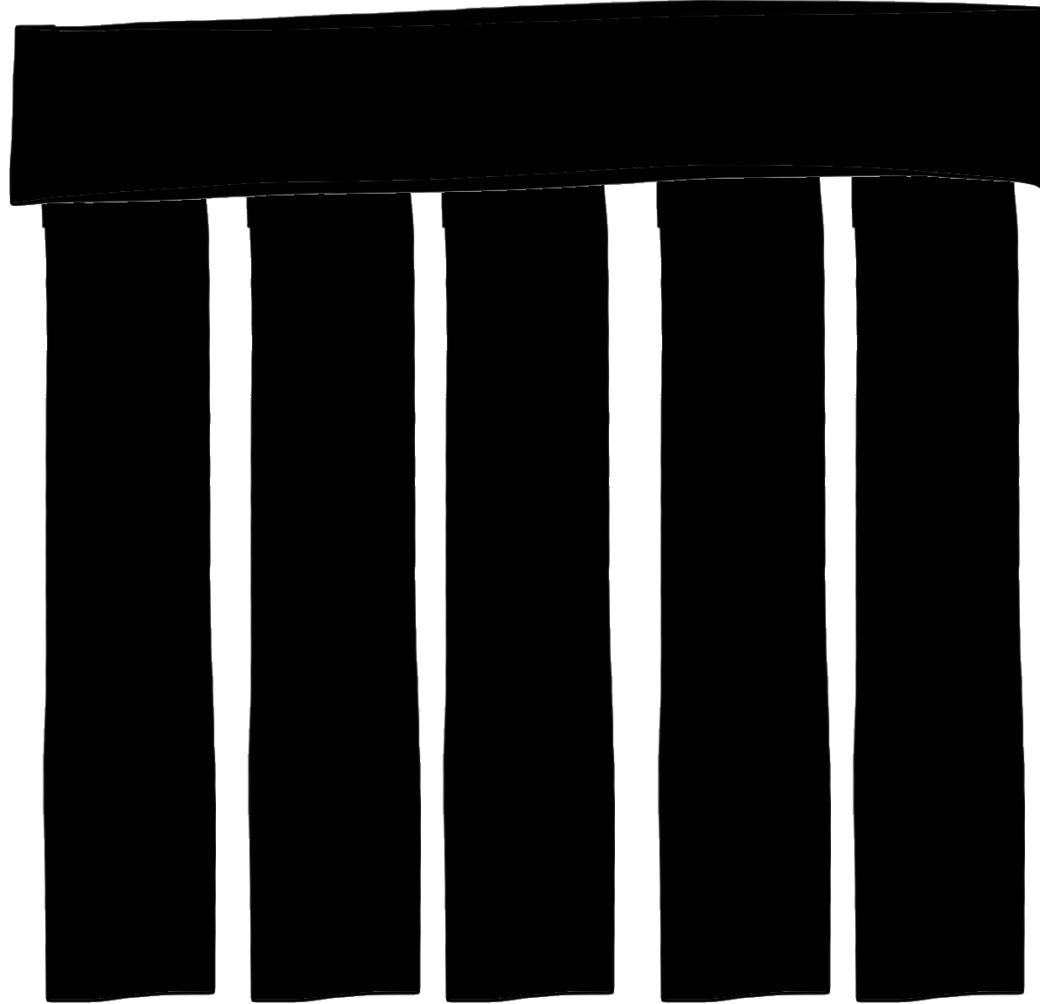
- Communication
- Documentation
- Honesty
- Problem Solving
- Negotiation
- Cooperation
- Self-reliance
- Time management
- Visual modeling
- Empathy
- Tact
- Analysis

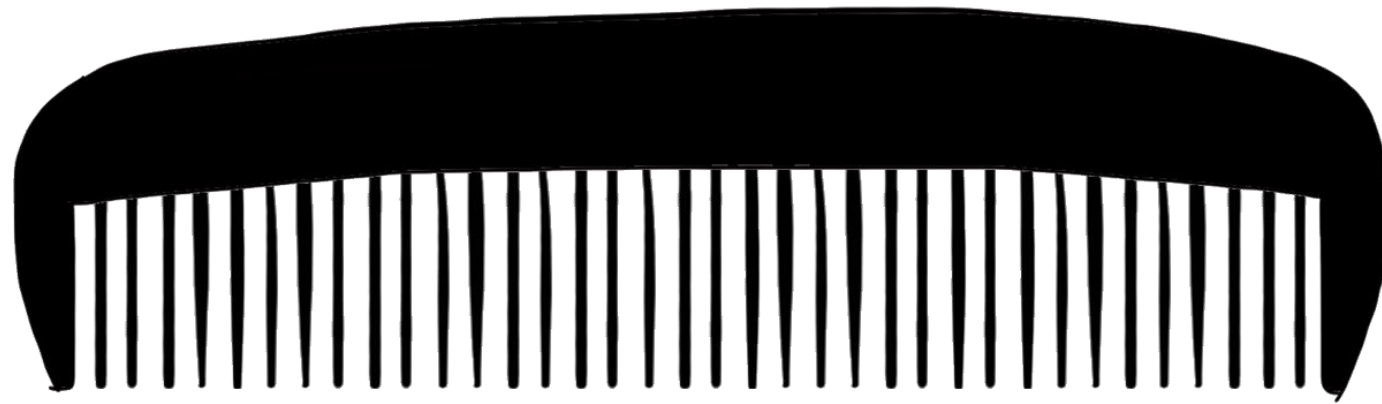
Plumber

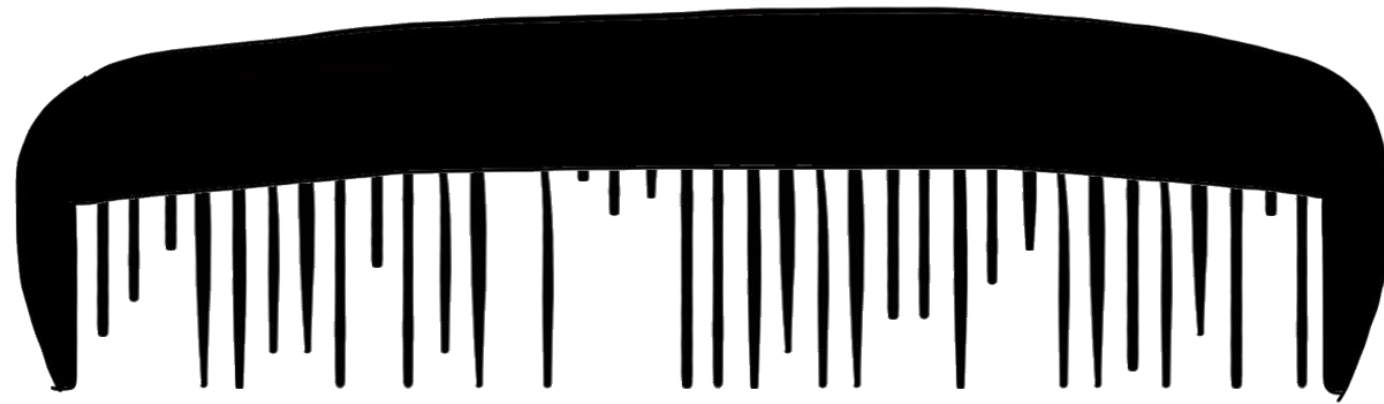
- Communication
- Documentation
- Honesty
- Problem Solving
- Negotiation
- Cooperation
- Self-reliance
- Time management
- Visual modeling
- Empathy
- Tact
- Analysis

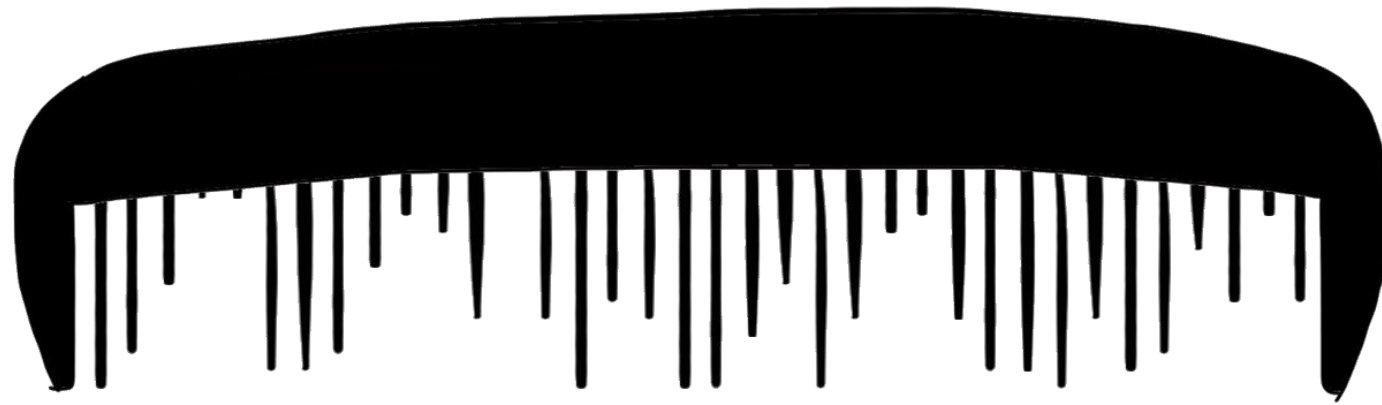


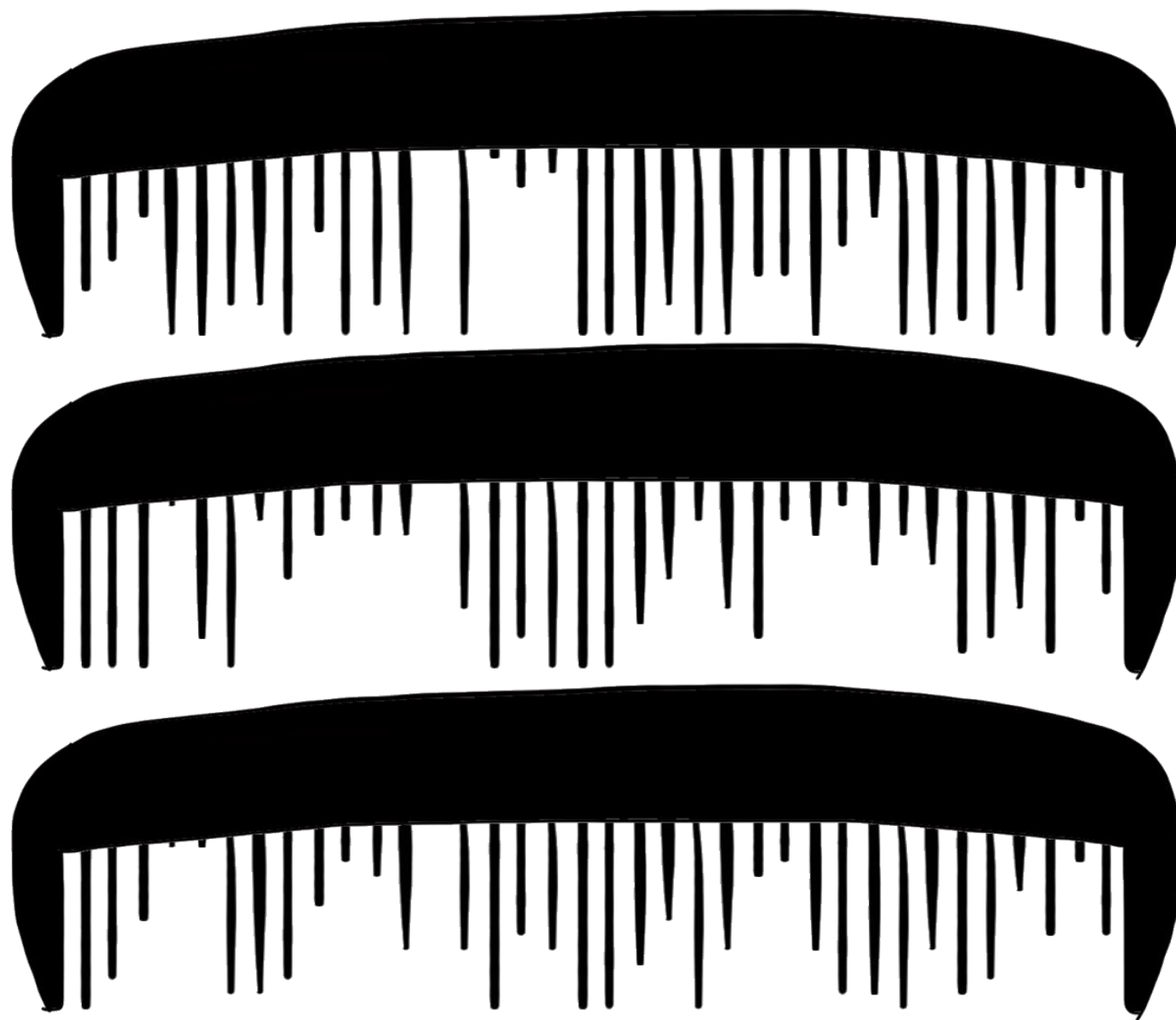




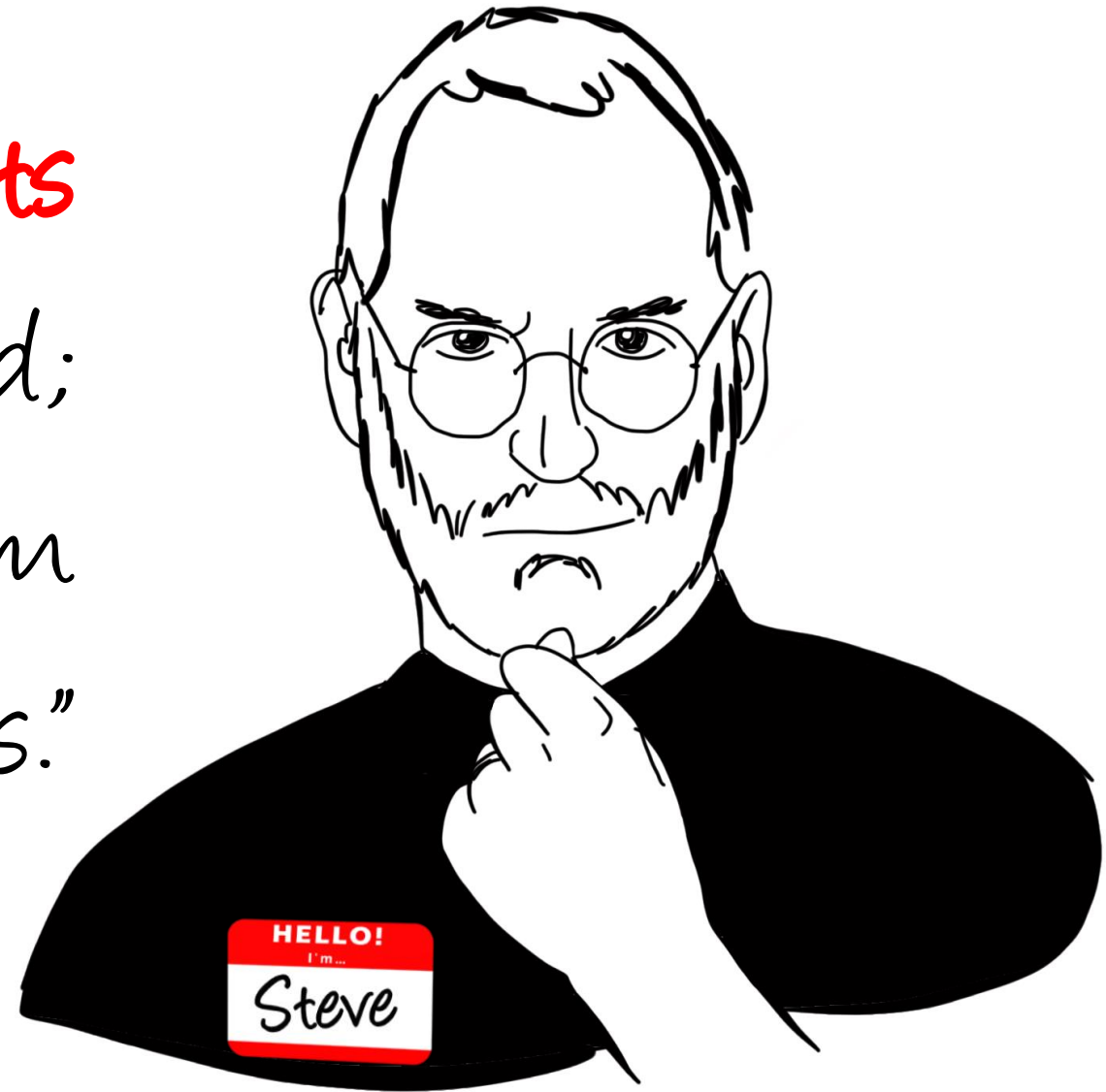








“...you can't **connect the dots**
looking forward;
you can only connect them
looking backwards.”



Old job, New job

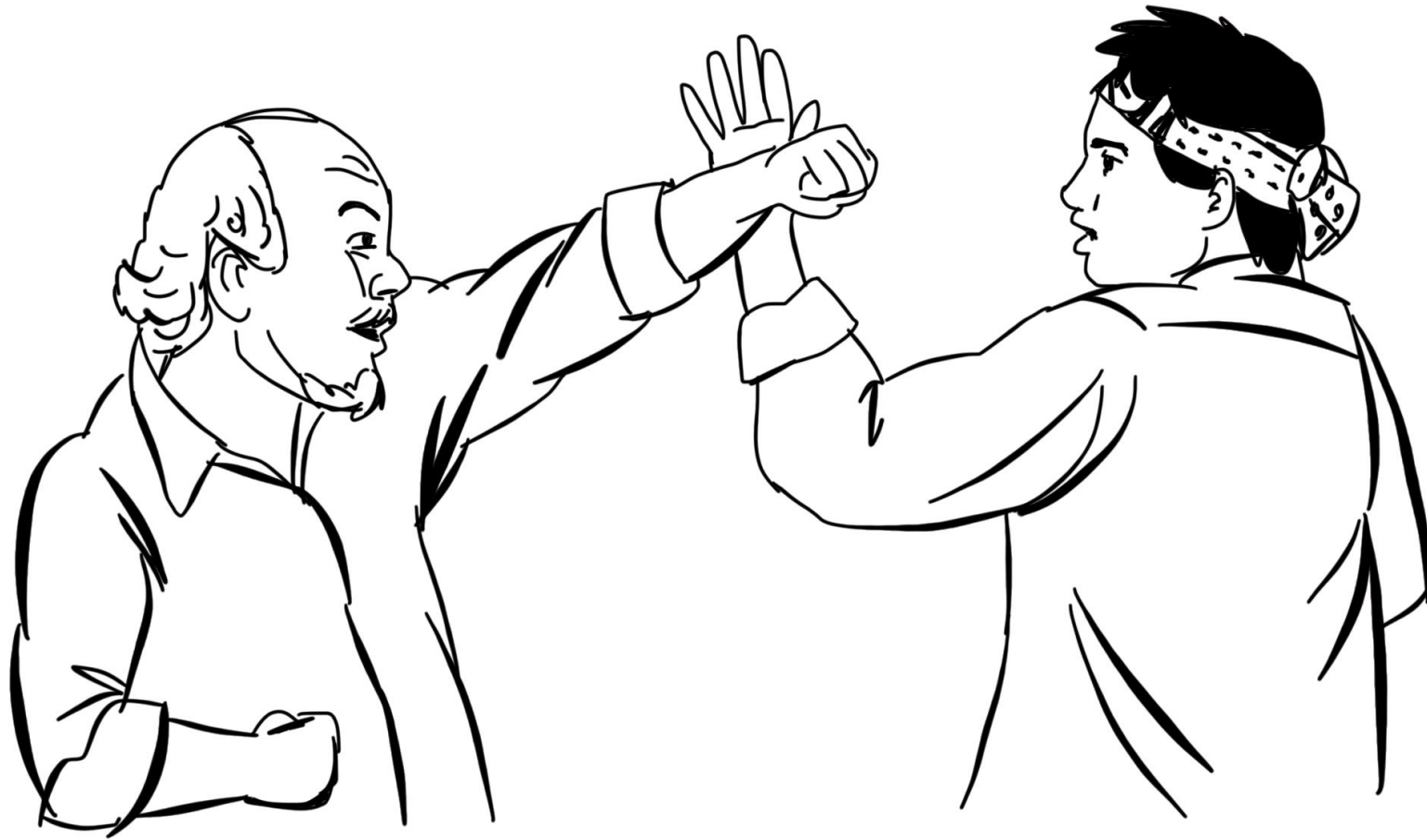




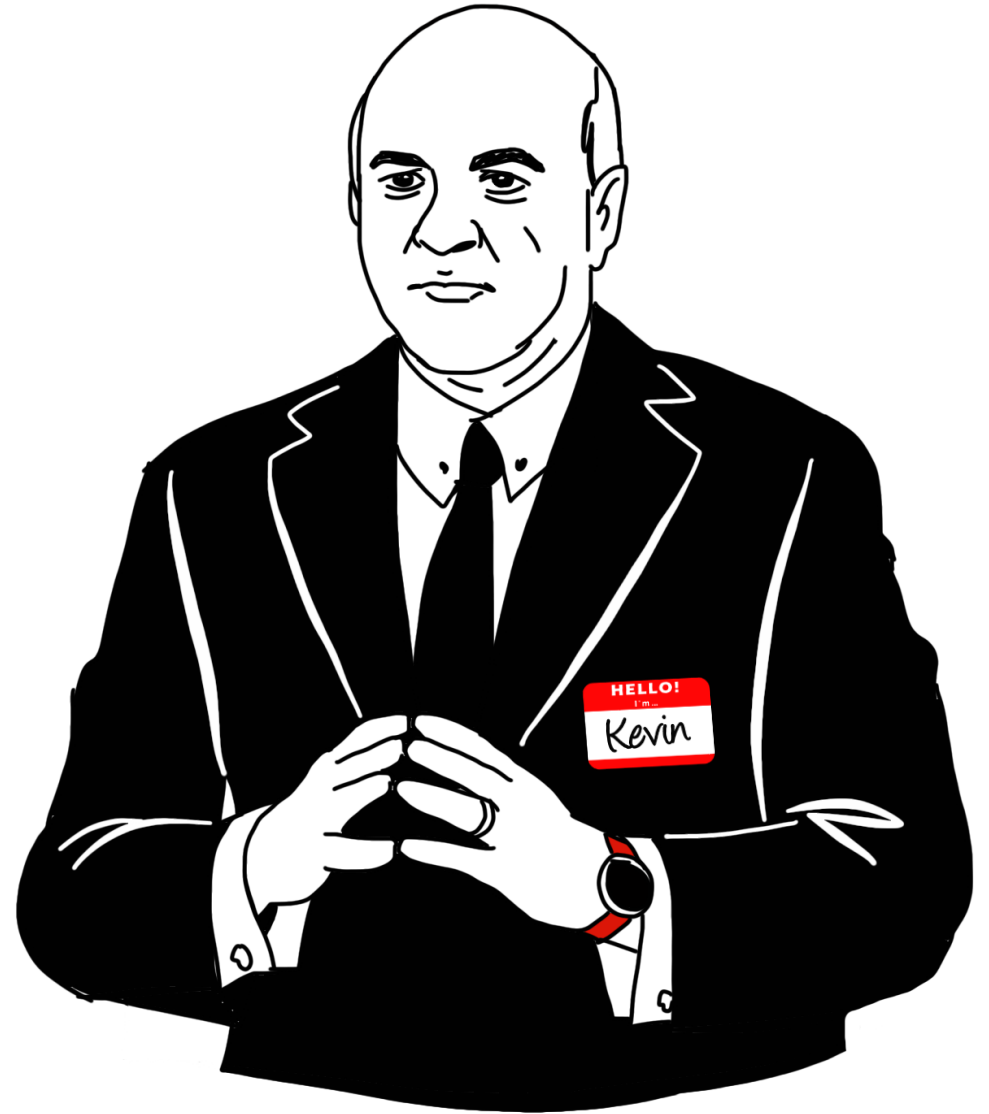








"The more skills
I put in my toolbox,
the greater my chances
of success."





So what?

Rediscover yourself!

- Find out who you are!
 - Categorize it!
 - Visualize it!
- Determine who you can be!
 - Connect the dots!
 - Learn from yourself and others!

HELLO!

I'm ...

Knowledge
Attribute
Skill

Summary

- Consider labels!
- Use anxiety!
- It's never too late, but don't wait!
- Find out who you are!
 - Categorize it!
 - Visualize it!
- Determine who you can be!
 - Connect the dots!
 - Learn from yourself and others!

Unjust and Rediscover Yourself!

HELLO!

I'm ...

More Than That!